

We recognise the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all pupils:

- develop competence to excel in a broad range of physical activities**
- are physically active for sustained periods of time**
- engage in competitive sports and activities**
- lead healthy, active lives**

We invest in a sports' company to support the teaching of PE in our schools to ensure that all children are active and develop a love for being physically active that will be with them for life.

Intent

William Stockton and Wimboldsley Primary Schools believe that Physical Education, experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in life skills.

We want to teach children skills to keep them safe and healthy, such as being able to swim; and understanding the importance of physical exercise. We ensure all pupils are willing to practice and take part in different activities and situations, alone, in small groups and in teams, applying skills to achieve high levels of performance.

We encourage pupils to be active throughout a PE lesson and employ creativity and imagination in their techniques, tactics and choreography. Our pupils will know how to cooperate and collaborate as part of an effective team, understanding fairness and equality of play to embed life-long values.

Opportunities for interconnection within the PE curriculum and within the whole curriculum are sought by subject leaders and teachers. This is to ensure that children connect their learning, building a strong schema that can store their learning.

Implementation

PE at William Stockton Community and Wimboldsley provide challenging and enjoyable learning through a range of sporting activities including: invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure. Where possible children will make cross curricular links to other subjects, for example Outdoor Adventurous Activities can be seen within the Geography curriculum; and exploring themes of rhythm and music through dance.

The long term plan sets out the PE units which are to be taught throughout the year from Nursery to Year 6. This ensures that the requirements from both EYFS and National Curriculum are met.

Our EYFS has one formal PE session per week alongside the physical environment of the Early Years curriculum. This focuses on fundamental movement skills and developing gross motor skills.

In KS1 pupils will take part in one hour session of physical activity per week which provide challenge and enjoyable learning by using a range of sporting activities.

In KS2 pupils will participate in two high-quality PE lessons per week, covering two sporting disciplines every half term.

In addition, children are encouraged to participate in the varied range of extra-curricular activities.

Throughout the day, active and outdoor lessons across the curriculum are encouraged by subject leaders, to enable the children to stay active and to enjoy the outdoor environments, instilling the children with the knowledge that keeping active is important.

Using our Sports premium money, we ensure that children receive high quality PE lessons from Sports Coaches - Vara Sports. Teachers also receive CPD to ensure that the PE lessons that they are providing are of the highest standard and to ensure that a quality PE provision is continuous. This premium also supports the funding of residential trips, where the children experience a large number of sporting activities.

Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events develop leadership and teamwork and are very much enjoyed by the children.

Pupils are taught how to handle equipment and move safely within gymnastics and games. Within lessons, there is an emphasis on pupils being able to achieve their personal best, building resilience. Pupils are taught how to play fairly, creating a sense of teamwork, friendship and respect.

Mastery of PE skills is developed over time; children will build on their previous knowledge due to our carefully constructed curriculum. This curriculum encourages children to retrieve their previously learnt knowledge and then add new learning to it.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. Our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport and exercise. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.