

As a school we promote the use of ‘the 5 Rs’ and a ‘Growth Mindset’ these principles and British Values underpin our PSHE curriculum.

We want to prepare the children for the future by encouraging the development of characteristics for life: a love of learning; resilience; being resourceful; being able to work as part of a team; critical thinking; reflectiveness; and independence.

Intent

We believe that Personal, Social and Health Education (PSHE) and Relationship and Sex Education (RSE) are closely linked, and that this enables our children to become healthy, safe, independent and responsible members of society. Good relationships are fundamental to our ethos and play an integral part in our curriculum as well as our day-to-day lives.

Through this curriculum children are able to understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. In addition to this, children are able to develop the skills for lifelong learning about relationships, emotions, looking after ourselves, different families, and non-statutory sex and sexual health - at an age appropriate level.

We are dedicated to ensuring that William Stockton and Wimboldsley Primary Schools are happy, stimulating and caring places; we expect high standards of behaviour and good manners throughout the school. Behaviour and attitude to learning is underpinned by values that are taught through PSHE lessons. PSHE is at the heart of our school ethos.

As well as the PSHE curriculum, we have a weekly key stage assembly where the children look at values that are linked to the PSHE curriculum.

PSHE underpins every aspect of school life at William Stockton and Wimboldsley. Interconnected opportunities are actively sought throughout all curriculum areas. This results in an interconnected and interlinked curriculum. This supports the children in understanding what they have learnt on a deeper level.

Implementation

Our PSHE curriculum is closely linked with our RSE curriculum. We timetable one formal PSHE lesson per week in Key Stage One and Two although this can be more if there is a pertinent issue within school and may be covered through circle times or assemblies. In EYFS, we ensure that personal, social and emotional development is taught alongside all curriculum areas. Our high expectations of behaviour, interpersonal relationships, respect and tolerance of others reflect the British Values upheld in both our community and the wider world. Through our rigorous and progressive curriculum, children develop key skills and are prepared for the wider world beyond primary school, a world in which they can keep themselves safe and healthy and thrive with the support of the positive relationships they forge with those around them.

Our PSHE and RSE sessions are based on the Discovery Education scheme of work which is progressive and age appropriate for our children. In Science, 'Animals Including Humans' and 'Living Things and Their Habitats' also cover

the statutory requirements. This is structured to support the children in storing their new learning in their long term memory.

Children are taught by familiar adults which they have a good rapport with, in order to facilitate constructive supportive discussions around sensitive topics. Staff have high expectations of behaviour which reflect the British Values upheld in our community and wider world.

In EYFS, PSHE is taught daily through the characteristics of effective learning and developing relationships promoted in Birth to Five Matters. Using the Discovery Education programme, we made links within the statutory framework and non-statutory framework to design a programme to support the children to develop the building blocks to base all future PSHE learning on.

In Year 1 - Year 6, the Discovery education programme is followed ensuring that children meet all of the statutory guidelines.

We are committed to supporting the mental health and wellbeing of all pupils at William Stockton and Wimboldsley Primary Schools. We have dedicated Learning Mentors who can support children and families who have further needs in this area on a one-to-one and on a small group basis.

Impact

As a result of this teaching programme, our children are supported in developing the following characteristics:

- Happy and positive relationships
- Empathy and compassion

- The confidence to make the most of their abilities
- Value and respect of diversity
- Respect for others' rights to their own values and beliefs
- Evaluation (and appropriate challenge) of the opinions and arguments of others
- Strategies for managing influence
- Skills for employability (aspiration, communication, creativity, goal setting)
- Taking positive risks
- Children will know the correct vocabulary to describe themselves and their bodies
- Develop confidence in talking about feelings and relationships
- Help children develop feelings of self-respect, confidence and empathy
- Have the confidence and self-esteem to value themselves and others
- Prepare children for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Create a positive culture around issues of relationships and sexuality
- Understand about the diverse range of different relationships, and families, and their importance for the care and support of children
- Behave responsibly within relationships
- Be able to recognise unsafe situations and be able to protect themselves and ask for help and support
- How to keep themselves safe online.